

# COVID 19 CRISIS RELIEF WORK

CENTRE OF RESILIENCE  
BIHAR, INDIA  
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# BIHAR

The spread of the Corona Virus, aka. Covid 19, is getting worse in India. Bihar is witnessing a large scale of migrants returning home from the contaminated locations across India. These migrants belong to diverse villages across Bihar and hence the virus is reaching rural areas. Bihar is among the most vulnerable states in India with a population of over 100 million people among which large populations lack basic infrastructure and have weak immune systems especially the old and children.

**With only 1 doctor for every 20,000 people, we face great risk.**

How to deal with this crisis?

The most effective solution known till date is precaution. The steps for precaution to prevent the spread of Covid 19 have been frequently suggested by the World Health Organisation.



tools we created for Awareness program

## WHAT ARE WE DOING

**1. Covid 19 awareness program, March 2020.**

We are working to bring awareness and accurate information to those more vulnerable communities who don't have access to basic information and thus are at greater risk.

We have been running awareness programs with online & offline media, electronic & print media, pamphlets, banners & posters and any other possible ways to bring awareness to the masses. We are aware that a large part of Bihar doesn't have basic information about hygiene and sanitation. Coronavirus is a new virus for the human body and it is a serious threat to communities who have compromised immune system and/or lack of access to medical facilities and basic services.



# CRISIS RELIEF WORK

## 2. Distribution of food, medicine and other goods.

Currently we are working on the distribution of food to the most vulnerable communities of both Bhojpur and Samastipur Districts of Bihar. Soon we will expand our relief work to Bihar's capital city, Patna, and nearby Gaya.

We are distributing approximately 350 packets of cooked food in each location, daily, focusing on slum and public areas where homeless and displaced people stay. We are also distributing 100 packets of dry ration among those who live in temporary shelter's and have access to a kitchen but no food resources to cook. Starvation is an ongoing result of this crisis and we are witnessing it in large scale here in Bihar.

The economic crisis and lack of employment threatens the livelihood of those who rely on daily wages. To overcome this challenge we are identifying and prioritizing aid to those communities who are in urgent need.

### TEAM SAFETY.

Team safety is our first priority. We are following guidelines as laid out by the W.H.O. as well as maintaining proper social distancing for team and the communities we are serving.



Volunteers prepping meals at the Centre.



Ensuring proper safety procedures while working.



Maintaining social distancing during distributions.

We are increasing our efficiency and we aim to double our impact to address the great need.

**TO DO THIS WE NEED YOUR HELP!**